## Abstract

## In vitro evaluation of the effects of Viscum album homeopathic preparations on murine melanoma cells

Priscila Inhauser Baltuille do Prado<sup>1\*</sup>, Carla Holandino <sup>2,3</sup>, Stephan Baumgartner <sup>3,4,5</sup>, Thaís Cristina da Silva<sup>1</sup>, Leoni Villano Bonamin <sup>1</sup>; Elizabeth Cristina Pérez Hurtado<sup>1</sup>

- 1 Experimental and Environmental Pathology, Universidade Paulista UNIP
- 2 Pharmacy College, Federal University of Rio de Janeiro UFRJ
- 3 Society for Cancer Research, Hiscia Institute, Arlesheim, Switzerland
- 4 University of Witten/Herdecke, Institute of Integrative Medicine, Herdecke, Germany.
- 5 University of Bern, Institute of Complementary and Integrative Medicine, Bern, Switzerland.
- \* Corresponding author: <a href="mailto:pribvet@hotmail.com">pribvet@hotmail.com</a> <a href="https://orcid.org/0000-0003-4061-8166">https://orcid.org/0000-0003-4061-8166</a>

## **Abstract**

Background: Viscum album extract (VA) is a complementary treatment in cancer, with in vitro and in vivo cytotoxic effects on several tumor types when applied in phytochemical doses. However, highly diluted ethanolic homeopathic preparations' effects and mechanisms need further study. Aims: To assess the in vitro effects of highly diluted VA from the subspecies V. album abietis and V. album album at different potency levels in different dilution ratios on murine melanoma cells. Methodology: The VA mother tinctures (MT) from Abies alba (MTA) and Quercus robur (MTQ) were prepared with summer and winter samples, harvested in Switzerland. They were submitted to homeopathic ethanolic maceration and a subsequent dynamization process. MTA, MTQ and the following respective potencies were tested in B16F10 murine cells: 3x, 12x, 30x, 6cH, 12cH, 200cH, 2LM, 3LM, and 5LM. Dynamized water, dynamized and non-dynamized ethanol, and carboplatin were used as control groups. The mitochondrial activity and cell viability analysis were performed at 1, 24, 48, and 72 hours by in vitro incubation. MTA and MTO harvested in summer, as well as 12x, 200cH and 5LM potencies were also tested to cell apoptosis and necrosis markers, reactive oxygens species (ROS) production, inflammatory cytokines profile, cell morphology, and migratory capacity. Results and discussion: MTA and MTQ induced a decrease in cell metabolism and higher cytotoxicity within 1 hour, with significant morphological changes and increased production of ROS and inflammatory cytokines. Both homeopathic dilutions 12x and 5LM showed an influence on cell metabolism, cell replication, and oxidative stress modulation with inflammatory cytokines, mitosis, and migration pattern changes. On the other hand, Quercus robur and Abies alba 200cH showed increased on cytotoxicity and ROS levels, respectively. Conclusion: The in vitro effects of Viscum album homeopathic solutions in melanoma cells highlight the promising antitumoral potential and reinforce the need for further research to better understanding their mechanisms of action.

**Keywords**: Mistletoe, Viscum album, Abies alba, Quercus robur, high dilutions, antitumoral potential.

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